

Changes and News:

The district meeting will be held on July 27, from 9:00a.m. to 11:00a.m. at the usual 911 Dowling Blvd. location. Two AlaTeen meetings, Monday 7:00p.m. and Thursday 7:30p.m. are active in the district. See AlaTeen News below. AlaTeen 2019 NoCAC Camping Bashes will be held June 21-23 at Clear Lake SP and August 2-4 at Brannan Island SP.

***** "Pink can" contributions for Institutions and Hospitals are NOT needed at this time. *****

Interested in a service opportunity beyond your group level? Contact District Office at (510) 276-2270 for more information.

Newsletter contains information from the most recent District Meeting, NCWSA, WSO, as well as individual submissions.

The District Meeting will be held July 27. Most are on the 3rd Saturday. Not this July. All are welcome.

The Serenity Prayer

God, grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference.*

Recovery through Steps Step Six: Were entirely ready to have God remove all these defects of character.*

Unity through Traditions Tradition Six: Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.*

Service through the Concepts Concept Six: The Conference acknowledges the primary administrative responsibility of the Trustees.*

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Monthly Fellowship

Date	Time	Hosted By	Location
Saturday 6/29/2019	5:30pm - 8:30pm	Hosted by Nueva Vida Oakland	911 Dowling Blvd., San Leandro, CA 94577 Rear of building near parking lot
Saturday 7/27/2019	5:30pm - 8:30pm	Hosted by Alameda Saturday Step Study 10th Anniversary!	Probably 911 Dowling Blvd., San Leandro, CA 94577 Rear of building near parking lot
Saturday 8/31/2019	5:30pm - 8:30pm	Hosted by Seeking Serenity - Monday Night San Leandro	911 Dowling Blvd., San Leandro, CA 94577 Rear of building near parking lot

July's meeting features Father Tom, a popular speaker. Check next month with your group rep or the newsletter to verify location.

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District 15 Website <https://district15.ncwsa.org/> | Northern California World Service Area Website: www.ncwsa.org

World Service Organization Website: www.al-anon.alateen.org/members/ (log-in is group name followed by "afg")

Public Outreach

July 13 in Castro Valley you get to have fun meeting lots of people and bringing the Alanon message to the 9th Annual Pride Festival at Castro Valley High School. Contact Kathleen at 510 889 7682 or kathleenzAFG@yahoo.com. If you can't make that date but want to help, contact Kathleen anyway!

AlaTeen News

The district has two active AlaTeen meetings, Monday 7:00 p.m. in Oakland at 1155 35th Avenue and Thursday 7:30 p.m. in Hayward at 1836 B Street near Linda. The June meeting lists have the correct information.

The 2019 NoCAC June Bash will be held at Clear Lake State Park in Kelseyville June 21 to 23. Checkin starts Friday 5p.m. Done by Sunday 12:00 noon. Only teens 12-19 and AMIAS camp overnight. Tent camping only. Bring your own food. Contact ayishaalanon at gmail dot com. Two a's in the middle!

The 2019 NoCAC August Bash will be held at Brannan Island State Recreational Area in Rio Vista August 2 to 4. Checkin starts Friday 5p.m. Done by Sunday 12:00 noon. Only teens and AMIAS camp overnight. Tent camping only.. Contact ayishaalanon at gmail dot com.

Group Reps and Meeting Changes

When your group changes public facing information such as time or location of meeting, mail person, phone contact person, or GROUP REP, please fill out or note changes on the Group Records Change form A16 found on the <https://ncwsa.org/forms> web page,

District News

The district is seeking a Day-in Al-Anon Coordinator and a separate Day-in-Al-Anon Chair for this year. The district 15 Day in Alanon will NOT conflict with the Fall Business Assembly October 4 to 6. The district is still seeking an Alternate District Representative, Office Coordinator, Institutions Coordinator, and Answering Service Coordinator.

NCWSA News

The Fall 2019 Business Assembly will be held October 4 to 6 at the Marriott in San Ramon. Checkin starts Friday late afternoon. The Assembly is usually finished early afternoon Sunday. All are welcome.

Save the Date: The Fall 2020 Business Assembly will be held the same location, October 2 to 4, 2020.

Literature

If an order is submitted to the Literature Distribution Center a few days before the monthly business meeting, your group rep can pick it up at the business meeting.

Groups that order from the literature distribution center are supporting the district office as well as the district. If you have called ahead to insure someone is at the office, parking in front may be less hassle.

"Hope and Understanding for Parents and Grandparents" pamphlet (P-94) is available.

"Just For Tonight" bookmark (M-81) is available. Ten cents each plus shipping and tax. Intimacy in an Alcoholic Relationship and the 50th Anniversary Edition of One Day at a Time are also in stock.

"Alanon Faces Alcoholism" always welcomes contributions. Writings from professionals in counseling or medicine are especially welcome.

Alanon publications are never obsolete. They may be discontinued, but are not retired.

From the Forum:

I don't have to attend every argument I am invited to; I have a choice." Steve R, Maryland ,The Forum May 2019
and from *Only What Is Mine To Do*

I didn't have to participate in all the same old dances and scenarios. Instead, I could go for a walk, take in a movie, go for coffee, or go to a meeting. My life is so different now. I only change what is mine to change--what I think, say, and do. - Rose B, Rhode Island, May 2019. Reprinted with permission of The Forum, Al-Anon Family Group Headquarters, Inc., Virginia Beach, VA

In Service,

Gregg, D15 Newsletter Coordinator

Please send suggestions, corrections, shares and any other information to wedottwelve@gmail.com

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