

News:

- Monthly fellowship next week! Gathering starts 6:00. Thank you, Saturday Alameda Step Study
- Training tomorrow to help answer the office phone from home: Sunday October 25, 4 to 5 p.m. Virtually!
- If your group wants change notices in the newsletter, please submit them to wedottwelve@gmail.com.
- The district website is being updated and allows joining meetings directly. Thank you, coordinator!
- The coordinator positions for the district become available over the next few months. Many Group Rep positions will become available too! If you are interested in being a group rep OR helping the district OR helping the area, contact the newsletter, the District Office, your current Group Rep, or the District Rep or Alternate. You are also invited our next district meeting. All are welcome.
- Service can be more than Step 12 and doesn't have to wait!
- When you step into service, you grow.
- Saturday 10am Guiding Hands meets virtually, Zoom meeting ID 881 9345 5631. By phone: 669 900 6833.

Interested in a service opportunity beyond your group level? Contact District Office at (510) 276-2270 for more information.

Newsletter contains information from the most recent District Meeting, NCWSA, WSO, as well as individual submissions.

The Serenity Prayer

God, grant me the serenity
To accept the things I cannot change,
Courage to change the things I can,
And wisdom to know the difference*

Recovery through Steps Step Ten: Continued to take personal inventory and when we were wrong promptly admitted it.*

Unity through Traditions Tradition Ten: The Al-Anon Family Groups have no opinion on outside issues; hence our name ought never be drawn into public controversy.*

Service through the Concepts Concept Ten: Service responsibility is balance by carefully defined service authority and double-headed management is avoided.*

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Monthly Virtual Fellowship

Date	Time	Host	Location
October 31, 2020	6:00pm - 8:00pm	Saturday Alameda Step Study	On-line

Zoom Meeting : <https://us02web.zoom.us/j/87886640554?pwd=cUFGM2pNR2M5bGM0cFZOQ3Z2T1BKUT09>

Meeting ID: 878 8664 0554 Password: 660090

One tap mobile +16699006833,,87886640554#,,,0#,,660090# US (San Jose)

The schedule is simple. Dine "together" 6 to 6:30. Readings and Birthdays start 6:30. Speakers start at 7:00.

Seventh tradition can be made to WSO online: <https://al-anon.org/contributions/member/>

Newsletter Editor: wedottwelve@gmail.com | District 15 Office: ezdusz@sbcglobal.net (510) 276-2270

District 15 Website <https://district15.ncwsa.org/> | Northern California World Service Area Website: www.ncwsa.org

World Service Organization Website: www.al-anon.alateen.org/members/ (log-in is group name followed by "afg")

District Office

Three new volunteers were trained October 10, and six Answering Service shifts have been covered. You too can help Al-Anon from home and get a chance to talk to newcomers and others with questions:

The Phone Answering Service will hold an on-line training session Sunday October 25 from 4:00 to 5:00 p.m. Email ezdudz@sbcglobal.net to get the zoom link. No traveling required! Tomorrow!

Group Reps and Alternates Needed

Many group reps have been serving for quite a while and will be stepping down in the next few months. This may be your opportunity to help your group by connecting it with the district and the larger support of Al-Anon.

Current Group Reps are willing to help, guide, act as service sponsors, and in general facilitate your transition to group service. A growth opportunity without risk to your job! Hope to see you at the next virtual meeting, even if you are still deciding whether to volunteer to your group.

District Coordinators Needed

Many district coordinators will be stepping down in the next few months. Public Outreach, the Newsletter, taking notes, and helping the District Rep as an Alternate all beckon! No traveling required, no need for a sitter if the kids can deal with mom or dad having a two hour Saturday meeting once a month. Another growth opportunity, even for those who have NOT been a group rep.

District Website:

The district website is being updated. Direct links to meeting information and one click virtual meeting joining is available: <https://ncwsadistrict15.org/meetings/> selects just those for today, you can choose "Any Day" for a full list. The coordinator is making progress: email jennyh.alanon@gmail.com with updates, especially if your group has virtual meetings not listed! 36 meetings, 12 with virtual meeting information.

Newsletters are being archived in printable pdf form at <https://ncwsadistrict15.org/district-15-newsletter/>

Thoughts:

"Al-Anon service positions do have a term: one day at a time"

"Progress not perfection." And some months, it seems just putting out a newsletter is progress over procrastination.

All the Best,

Gregg. D15 Newsletter Coordinator

Please send suggestions, corrections, shares and any other information to wedotwelve@gmail.com

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