

15th Annual NCWSA 2021 ALATEEN SPONSORS' R&R "Reconnect & Reimagine"

For Al-Anon Members Involved in Alateen Service (AMIAS) &
Al-Anon Members interested in serving Alateens



A weekend of AMIAS training, and sharing experience, strength, and hope
at

**Westminster Woods, Occidental, CA
November 12-14, 2021**

Guest Speakers

**Friday Night, Saturday Night, and Sunday Morning
Saturday Workshops and Talent Show**

Compassion, Consistency, and Commitment

For more information, or to serve on the planning committee, contact:
Julie E., NCWSA Alateen Coordinator, (530) 588-2151
or email alateencoordinator@ncwsa.org

♥Our NCWSA Sponsors' R&R is fully self-supporting. Remember that registration pays for expenses, and include fees for accommodations, four meals, and activities.

♥Pre-Registration: \$185 (postmarked on or before October 12, 2021)
Late Registration: \$205 (until October 29, 2021, if space available)

♥ I request the use of a handicap bathroom and sleeping room, and have enclosed an additional \$20 to cover the cost.
Eight bottom bunks are available on a first-come, first-serve basis, and may not be available after 10/12/2021.

Please check your bunk preference: Top Bottom

Please send full payment attached to your registration form.

(Online registration may be available by August 31, 2021)

Not refundable, but transferable.

First Name: _____ Full Last Name: _____
Preferred Name: _____ First Time Attending? Yes No
Phone (____) _____ - _____ Gender? Male Female
Street Address: _____
City: _____ State: _____ Zip: _____
Email: _____
Current Alateen Group Sponsor? Yes No How Long Sponsoring? _____
If "Yes," Name of Group _____
Group Type: Alateen Alateen 6-12 yr School Institution
Do you prefer vegetarian meals? Yes No
Are you willing to lead a Workshop? Yes No
Are you willing to lead a Meeting? Yes No
Would you make use of Spanish/English translation, if provided? Yes No

ALL REGISTRANTS MUST SIGN THE FOLLOWING:

The undersigned agree(s) to hold Westminster Woods, Al-Anon/Alateen Family Groups, and NCWSA harmless for any injury, loss, or damage of any nature. This includes, but is not limited to, the body, or any property. The undersigned agrees to assume full responsibility for any such injury or damage. I have read the guidelines on the next page and agree to abide by them.

SIGNATURE: _____

PLEASE USE A SEPARATE FORM FOR EACH PERSON & MAKE CHECK PAYABLE TO "NCWSA."

Mail to: Lisa B/Sponsors' R&R Pre-Reg P. O. Box 581 Petaluma, CA 94953-0581

Schedule for Friday

Registration and Check-in	5:30 to 7:00 PM
Al-Anon Meeting (Optional)	6:00 to 7:00 PM
Kick-Off Meeting	7:30 PM
Speaker	8:00 PM
Open Mic	9:00 PM

Please do not arrive before 5:30 pm, as there will be another group exiting Woods and our time on the property does not begin until 5:30 pm. **Dinner will not be served Friday night, so please eat before you register or bring along food to take care of yourself.** The event will end on Sunday at 12:30 pm, following the Spiritual Speaker, evaluations, group picture, and goodbyes.

What to Bring: Calling card – cell phones will not work at camp; pay phone can be used if necessary. Sleeping bag, blankets, pillow, clothes for warm days & cool nights, swimsuit, sunscreen, bug repellent, flashlight, toiletries, towels (shower and swimming), snacks, folding chair, your experience, strength, and hope, and a willingness to share, learn, and grow! **If you have special dietary needs please bring the foods you will need for the weekend; a refrigerator is available. The facility provides vegetarian options but cannot accommodate vegan, gluten-free, or other restricted diets.**

Additional registration packets can be found online at www.ncwsa.org under "Calendar."

Guidelines

15th Annual Sponsors' R&R

1. Minimum age to attend is 21 years.
2. No co-ed sleeping in cabins, no same-sex couples in the same cabin, and no sleeping in the meeting room. No exceptions.
3. Once registered and checked in, there is no leaving the grounds. During the weekend, there is no leaving the boundaries of our site without notifying two committee members before doing so.
4. No smoking outside the designated smoking area. We are asked to keep the area free from litter. If you are caught smoking outside of the designated area you will be asked to leave.
5. Meetings and events are mandatory, including talent show, etc. (unless ill and cleared by a committee member).
6. Possession of drugs and/or alcohol is strictly forbidden.
7. Illegal weapons, firearms, or fireworks are forbidden.
8. No amplified radios or MP3's, etc. Headphones are required.
9. We are guests at Westminster Woods, and we ask that the standards of conduct for Westminster Woods be respected (modest dress, polite language, restraint in public displays of affection, self-control when angry, patience, kindness, understanding, and respect in relationships).
10. Follow all local and CDC guidelines regarding COVID-19 as they are updated.
11. Anyone who deems it necessary to break these guidelines will be asked to leave at his/her own expense.

WE ASK THAT AS AN ATTENDEE, YOU FOLLOW THE SAME GUIDELINES THAT THE TEENS ARE ASKED TO FOLLOW AT THEIR CONFERENCES. IT'S GOOD PRACTICE.

The weekend will include workshops to support our growth as Al-Anon Members Involved in Alateen Service, Alateen Group Sponsors, and members of Al-Anon Family Groups.

The B-17 workshop meets the Area's required annual Educational Training and Awareness Program for Alateen AMIAS and potential AMIAS.

DIRECTIONS

From the south –

Driving north on 101, take the Cotati exit that says "Highway 116 West" (5 miles **past** 116 East).

At the light, turn left. You are now heading west on Highway 116.

Go through the town of Sebastopol, following the signs to stay on Hwy. 116.

After you leave the town of Sebastopol, you will drive through the country for about 3 miles to a stoplight at Occidental Road. Turn left.

Travel another 7 miles until the road ends in Occidental at Bohemian Hwy. Turn right.

Travel about 4 more miles. Westminster Woods is on the left just past Alliance Redwoods.

If you see Mt. Zion Camp, you have gone too far.

The address is 6510 Bohemian Hwy. The telephone number is 707-874-2426.

From the north –

Driving south on 101, take the Santa Rosa exit for Guerneville Road.

Turn right at the light. You will now be on Guerneville Road.

Go through Santa Rosa and head out into the country until the road ends at Hwy. 116. Turn left.

Go about 1 mile to a stoplight at Occidental Road. Turn right.

Travel another 7 miles until the road ends in Occidental at Bohemian Hwy. Turn right.

Travel about 4 more miles. Westminster Woods is on the left just past Alliance Redwoods.

If you see Mt. Zion Camp, you have gone too far.

The address is 6510 Bohemian Hwy. The telephone number is 707-874-2426.

From Sacramento –

Take Highway 80 to Vallejo. Go west on Highway 37 to Highway 101 North, just south of Novato. Follow the directions above for coming from the south.

Looking forward to seeing you in the woods!!!